What is a Center for Independent Living? (CIL)

A CIL is a community-based, cross-disability, non-profit agency that is designed and operated by members of the local disability community in which they provide independent living services.

Many Idahoans with disabilities who live in a nursing home, other institution, or are at risk of entering into an institution return to or remain in their communities living independently with our assistance.

What does a CIL do?

5 core services:
1. Advocacy
2. Information and Referral
3. Independent Living Skills Training
4. Peer Support and Mentoring
5. Transition

Disability Action Center Northwest (DAC-NW)

1. Main office, Moscow
2. Satellite office, Lewiston
3. Satellite office, Post Falls

Living Independence Network Corporation (LINC)

1. Main office, Boise
2. Satellite office, Caldwell
3. Satellite office, Twin Falls

Living Independently for Everyone (LIFE)

1. Main office, Pocatello
2. Satellite office, Blackfoot
3. Satellite office, Burley
4. Satellite office, Idaho Falls

What is the Idaho State Independent Living Council? (SILC)

The Council is controlled and directed by Idahoans with disabilities. Council members are volunteers from across Idaho, the majority of whom have a disability.

Council Responsibilities:
- Conduct a statewide assessment every three years to determine needs
- Develop, implement and monitor the State Plan for Independent Living
- Work with Centers for Independent Living (CILs) to coordinate services with public and private entities
- Work with policy makers to improve long-term community-based services and supports for people with disabilities

Principles of Independent Living:
- Peer support
- Self-help
- Self-determination
- Equality
- Positive systemic change
How CILS provide core services

Step 1: Assessment

The purpose of the assessment is to identify the person's strengths, abilities, needs and wants, in order to ensure that they return to or remain in the community.

Step 2: Transition Planning

Transition planning is the process of identifying how needed supports can be provided in the community. The plan addresses supports for living in the community, such as housing, health care and social networks.

Step 3: Locating and Providing Resources

One of the most important components of community living is community supports. Once it's been determined what supports a person needs, the CIL works to find supports to help that person remain in the community.

Idaho Centers for Independent Living in partnership with the Idaho State Independent Living Council

Trained 1298 people

2017-2018

SILC and CIL events and workshops

- Service Dog Awareness Day
- Regional Independent Living Conference
- Individual & Agency Preparedness
- Advocating for Systemic Chance
- Idaho Youth Leadership Forum
- Disability Awareness: Housing & Employment
- Financial Literacy & ABLE Savings Accounts
- Self Determination

Last year CILs helped 16 people transition from a nursing home to home and community-based care settings.

These transitions saved $812,528 of public funds.

Individual Services

- Personal Assistance Services 302 Individuals served
- Transportation Services 478 Individuals served
- Self Care 276 Individuals served
- Life Skills Training 34 Individuals served
- Assistive Technology 910 Individuals served

Worked with 1497 people

We delivered 9584 services

$5,135,713 dollars went directly to personal services

All data provided by Idaho's CILs, and Idaho Department of Health and Welfare FFY 2017

$45,760 Staying at home with Personal Services
$41,000 Assisted Living Home
$96,543 Nursing Home Care

Genworth Cost of Care Survey, FFY2017, for one bed, single occupancy.